

CHILD CARE TIPS

Child Care Health Consultation



Diapering Steps

1. Wash hands with liquid soap and warm running water for 20 seconds.
2. Check to see if all of your supplies are ready and put on gloves.
3. Lay child on table. **Never leave child unattended.**
4. Clean child's bottom from front to back.
5. Put disposable diaper in hands-free, covered, plastic-lined trash can.
6. Remove soiled gloves and put in hands-free, covered, plastic-lined trash can.
7. Use disposable wipes to clean your hands and another clean wipe to clean the child's hands.
8. Diaper and dress the child.
9. Wash the child's hands with liquid soap and warm running water for 20 seconds.
10. Dry the child's hands with a hand-drying blower or single use disposable hand-drying material/paper towels. Turn faucet off with paper towel.
11. Return the child to supervised area.
12. Clean with soap and water: the diaper changing surface and any toys or object touched during the diaper change. Rinse with water.
13. Disinfect the same area with bleach and water solution. Allow the solution to air dry two minutes before wiping up.
14. Wash your hands with liquid soap and warm running water. Turn faucet off with paper towel.

